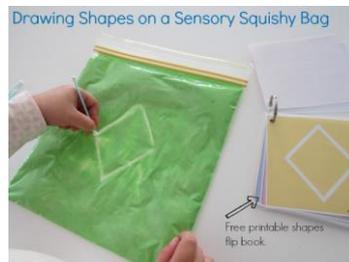


Squishy Bag play



Squishy bags are perfect for sensory play without the mess. They are cheap and easy to make and your child will enjoy manipulating and playing with them.

The squishy bag is perfect for practicing letters, numbers, name writing, drawing pictures, shapes and words. Your child can practice hand and finger movements for pre-writing development on the squishy bag.

There are so many different ways to make squishy bags, I have seen others use glue, paint, hair gel, baby oil and shaving cream. You can use a mix of flour, food colouring and a little water to make a paste and put in a sealable plastic bag.

- Place the squishy bag onto a light table/panel.
- Use your finger, soft paint brush or a cotton wool bud (Q-Tip) to write your name, letters, numbers and shapes.
- Explore the squishy bag for a sensory experience, watch what happens as you squeeze, squish, press, etc. Cause and effect, one action creates a another reaction.

- Let their imaginations run free to draw, create shapes, lines and patterns on the squishy bag.
- Use a soft paint brush or a cotton wool bud (Q-Tip) to write your name, letters, numbers and shapes.
- Place the squishy bag onto a light table/panel.
- If the squishy bag keeps moving while drawing, sticky tape the sides of the bag to a flat surface.
- Placing a white sheet of paper underneath the squishy bag will also help the drawings present clearer.
- Use words such as: up, down, straight line and around to describe how to form the numbers and shapes.

Bottle Top Soup

Scoop and catch fun! **Bottle Top Soup Game** is a **fun sensory activity** using simple items found around the home. Kids love to play games and games are great for teaching so many important social skills and communication. It teaches children to take turns, that it is okay not to win all the time and to be happy for others who have succeeded.

You will need

- a large tub $\frac{1}{4}$ filled with water,
- approx. 40 bottle tops (start collecting :)),
- a ladle,
- plastic container,
- towel and permanent marker pen.
- You will also need to mark 3 bottle tops under the lid with a star shape

Rules

1. Place all the bottle tops, including the 3 stars bottle tops into the water tub.
2. Mix the bottle top soup around and around with the large ladle/spoon.
3. Scoop up all the bottle tops and place them into the plastic container.
4. If you scoop up a bottle top with a star drawn on it, tip all the bottle tops back into the tub.



Instead of writing a star under the lid, you could alternatively write the letters of your child's name and as each letter is found, place them out to create your child's name.

Other alternatives could follow a theme you are teaching or numbers, shapes and colours.

Scoop out only one colour at a time. This is great for coordination and colour recognition!

How many bottle tops can you get on the spoon at one time? Count them out loud.